RHEUMATOLOGY AND MUSCULOSKELETAL MEDICINE FOR PRIMARY CARE

Lake Tahoe, California – The Ritz-Carlton, Lake Tahoe
August 4 – 6, 2017
Friday, August 4th:

7:30 am – 8:00 am
Registration and Hot Breakfast

8:00 am – 8:50 am
**Evaluating the Patient with Joint Pain**
Differentiating between inflammatory and non-inflammatory joint pain; the utility of joint aspiration and lab workup with interpretation of synovial fluid analysis; differential diagnosis of joint pain and inflammatory arthritis

8:50 am – 9:50 am
**Update in Pharmacology for Arthritis**
Review risks and benefits of traditional NSAIDs and cox-2 inhibitors; analgesics (narcotics and tramadol) and acetaminophen

9:50 am – 10:00 am
**Coffee Break**

10:00 am – 11:00 am
**Primary Care Approach to Inflammatory Arthritis**
Clinical presentation and laboratory work-up for rheumatoid arthritis, systemic lupus erythematosus, spondyloarthropathies (SPA), infectious arthritis and systemic sclerosis; Treatment of RA with DMARDS; and treatment principles of SLE, Sjogrens, SPA and PMR

11:00 am – 11:50 am
**Physical Examination of Joints and Soft Tissue and Diagnosis of Regional Pain Syndromes**
Includes: carpal tunnel syndrome; DeQuervain’s tenosynovitis; epicondylitis; impingement; hip, knee, ankle and foot overuse syndromes

11:50 am – 12:40 pm
**Workshop: Hands-On Joint and Soft Tissue Examination**

12:40 pm
**Session Adjourns**
Saturday, August 5th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 8:50 am
Osteoarthritis
Pathogenesis, diagnosis and treatment

8:50 am – 9:50 am
Crystal Disease: Gout and Pseudogout
Properly diagnosing and treating crystal diseases such as gout and pseudogout

9:50 am – 10:00 am
Coffee Break

10:00 am – 10:45 am
Osteoporosis
Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

10:45 am – 11:10 am
Panel Discussion: Rheumatology cases and Q & A

11:10 am – 12:00 pm
Joint Injection Technique

12:00 pm – 12:40 pm
Workshop: Joint Aspiration and Injection Technique

12:40 pm
Session Adjourns
Sunday, August 6th:

7:30 am – 8:00 am
Continental Breakfast

8:00 am – 9:00 am
Fibromyalgia
Differential diagnosis and treatment of this difficult-to-manage pain syndrome;
Treatment options of anti-epileptics and SNRI's

9:00 am – 10:00 am
Controversies in Pain Management
Urine drug testing, cannabinoids

10:00 am
Conference Adjourns

Target Audience
This program is targeted to office-based primary care providers and other health professionals
with updates in primary care medicine

Learning Objectives
Upon completion of this program, participants should be better able to:
• Differentiate between inflammatory and non-inflammatory joint pain and the differential
diagnosis of each category
• Describe the technique of joint aspiration, joint injection, and synovial fluid analysis
• Perform a musculoskeletal examination
• Evaluate and treat osteoarthritis, fibromyalgia, spinal pain, regional pain syndromes,
osteoporosis, and gout
• Utilize current evidence to design treatment strategies for rheumatoid arthritis

Learning Outcome
To provide updates in primary care medicine to office based providers
Disclosure of Conflicts of Interest
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All lectures incorporate time for questions and answers
Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 11 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Rheumatology and Musculoskeletal Medicine for Primary Care, with a beginning date of August 4, 2017 has been reviewed and is acceptable for up to 11 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 11 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 11 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 11 hours of Category I credit for completing this program.

Nursing Accreditation
Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This CE activity provides 11 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 11 contact hours.
Pharmacy Accreditation

Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 11 contact hours (1.1 CEUs) of the Accreditation Council for Pharmacy Education.
Universal Program Number: 0816-0000-17-014-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.