PEDIATRIC & ADOLESCENT MEDICINE FOR PRIMARY CARE:
GASTROENTEROLOGY/GYNECOLOGY/PSYCHIATRY/
RHEUMATOLOGY

San Juan, Puerto Rico – The Ritz-Carlton, San Juan
March 15 – 18, 2018
Thursday, March 15th:

7:30 am – 8:00 am  
Registration and Hot Breakfast

8:00 am – 9:00 am – Pediatric and Adolescent Gynecology  
A Primary Care Approach to Delayed and Precocious Puberty  
Review of normal pubertal development; Differential diagnosis and understanding of a focused evaluation for precocious puberty; Underlying causes of delayed puberty

9:00 am – 10:00 am – Pediatric and Adolescent Gynecology  
Pediatric Gynecologic Emergencies  
Evaluation and management of vaginal bleeding; straddle injuries and trauma; Identification and treatment of ovarian cysts and torsion; Imperforate hymen and outlet obstruction

10:00 am – 10:10 am  
Coffee Break

10:10 am – 11:10 am – Pediatric Rheumatology  
Juvenile Idiopathic Arthritis (JIA)  
Risk factors for developing JIA; Diagnostic principles, Clinical presentation and diagnosis including inflammatory markers, liver function tests, ANA testing; Radiographic changes and other imaging modalities; Treatment approaches based on severity of the disease

11:10 am – 12:10 pm – Pediatric Rheumatology  
Juvenile Lupus and Other Connective Tissue Diseases  
Systemic Lupus Erythematosus (SLE) causes, symptoms, diagnosis and treatment as well as principles of self care; Pediatric mixed connective tissue disease (MCTD) as a separate autoimmune disorder

12:10 pm  
Session Adjourns
Friday, March 16th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Pediatric and Adolescent Gynecology
Congenital Reproductive Anomalies and Disorders of Sex Development
Review of the factors that determine gender and normal sexual development; Discussion of the conditions that cause masculinization of girls; Discussion of the conditions that cause feminization of boys

9:00 am – 10:00 am – Pediatric Rheumatology
Juvenile Rheumatic Diseases That Manifest in the Skin
Early recognition of cutaneous signs of rheumatic disease; Differential features of psoriasis and psoriatic arthritis; Cutaneous complications of rheumatic diseases and treatments

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Adolescent Psychiatry
Depression in Teens and Adolescents
History taking, diagnosis and treatment of depression across the lifespan; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

11:10 am – 12:10 pm – Adolescent Psychiatry
Substance Abuse in Teens and Adolescents
Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options

12:10 pm
Session Adjourns
Saturday, March 17th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Pediatric Gastroenterology
Chronic Abdominal Pain in Children
Physiology and differential diagnosis of chronic abdominal pain in children; testing (laboratory, radiographic, endoscopic) techniques available for the treatment of chronic abdominal pain in children; treatment options for chronic abdominal pain, including treatment for recurrent abdominal pain of childhood and irritable bowel syndrome

9:00 am – 10:00 am – Pediatric Gastroenterology
Gastroesophageal Reflux in Children
The Physiology of pediatric gastroesophageal reflux (GER) and how to differentiate GER from gastroesophageal reflux disease (GERD); testing techniques to diagnose pediatric GER; treatment options for pediatric GER and pediatric GERD

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Adolescent Psychiatry
Suicide and Violence
Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient

11:10 am – 12:10 pm – Adolescent Psychiatry
The Complexity of ADHD in Teens and Adolescents
Diagnosis and treatment of ADHD in teens and adolescents with an emphasis on history taking, differential diagnosis, medical and psychiatric co-morbidity, and FDA-approved treatments

12:10 pm
Session Adjourns
Sunday, March 18th:

7:30 am – 8:00 am
Continental Breakfast

8:00 am – 9:00 am – Pediatric Gastroenterology
Constipation in Children
The pathophysiology and differential diagnosis of pediatric constipation; testing techniques used to diagnose complications associated with pediatric constipation; treatment options

9:00 am – 10:00 am – Pediatric Gastroenterology
Pediatric Gastrointestinal Foreign Bodies
Complications of various gastrointestinal (GI) foreign bodies in children; testing techniques to diagnose GI foreign bodies in children; treatment options (observational versus removal)

10:00 am
Conference Adjourns
Target Audience
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives
Upon completion of this program, participants should be better able to:
• Discuss symptoms and treatment of chronic abdominal pain and gastroesophageal reflux in children
• List the current treatment options for constipation in children
• Accurately diagnose and treat (pharmacologic and nonpharmacologic) depression, ADHD and substance abuse in teens and adolescents
• Understand risk factors and assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness
• Describe diagnostic principles and treatment options of juvenile arthritic and connective tissue disorders
• Discuss cutaneous signs of rheumatic diseases as well as regional pain syndromes
• Recognize and diagnose delayed and precocious puberty in girls
• Evaluate gynecologic emergencies as well as reproductive anomalies in the adolescent patient

Learning Outcome
To provide updates in primary care medicine to office based providers
Disclosure of Conflicts of Interest
Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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All lectures incorporate time for questions and answers.
Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 14 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Pediatrics/Adolescent Medicine for Primary Care, with a beginning date of March 15, 2018 has been reviewed and is acceptable for up to 14 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 14 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 14 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 14 hours of Category I credit for completing this program.

Nursing Accreditation
Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This CE activity provides 14 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 14 contact hours.
Pharmacy Accreditation

Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 14 contact hours (1.4 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-18-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.