Hilton Head Island, South Carolina – The Westin Hilton Head Island Resort & Spa
August 10 – 13, 2017
Thursday, August 10th:

7:30 am – 8:00 am
Registration and Hot Breakfast

8:00 am – 9:00 am – Gynecology
A Primary Care Approach to Delayed and Precocious Puberty
Review of normal pubertal development; Differential diagnosis and understanding of a focused evaluation for precocious puberty; Underlying causes of delayed puberty

9:00 am – 10:00 am – Gynecology
Pediatric Gynecologic Emergencies
Evaluation and management of vaginal bleeding; Identification and treatment of ovarian cysts and torsion; Imperforate hymen and outlet obstruction

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Gastroenterology
Chronic Abdominal Pain in Children
Physiology and differential diagnosis of chronic abdominal pain in children; testing (laboratory, radiographic, endoscopic) techniques available for the treatment of chronic abdominal pain in children; treatment options for chronic abdominal pain, including treatment for recurrent abdominal pain of childhood and irritable bowel syndrome

11:10 am – 12:10 pm – Gastroenterology
Gastroesophageal Reflux in Children
The Physiology of pediatric gastroesophageal reflux (GER) and how to differentiate GER from gastroesophageal reflux disease (GERD); testing techniques to diagnose pediatric GER; treatment options for pediatric GER and pediatric GERD

12:10 pm
Session Adjourns
Friday, August 11th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Gynecology
Congenital Reproductive Anomalies and Intersex Disorders
Review of the factors that determine gender and normal sexual development; Discussion of the conditions that cause masculinization of girls; Discussion of the conditions that cause feminization of boys

9:00 am – 10:00 am – Gastroenterology
Constipation in Children
The pathophysiology and differential diagnosis of pediatric constipation; testing techniques used to diagnose complications associated with pediatric constipation; treatment options

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Psychiatry
Depression in Teens and Adolescents
History taking, diagnosis and treatment of depression across the lifespan; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

11:10 am – 12:10 pm – Psychiatry
Substance Abuse in Teens and Adolescents
Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options

12:10 pm
Session Adjourns
Saturday, August 12th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Sports Medicine
The Pre-Participation Sports Physical
The American Academy of Pediatrics, in conjunction with the American Academy of Family Physicians and American Medical Society for Sports Medicine published the 1st edition of the Preparticipation Sports Physical Examination monograph nearly 30 years ago. Currently in its 4th edition, the monograph contains the most recent evidence and consensus-based recommendations pertaining to the history, physical exam and clearance to play guidelines for practitioners caring for active youth.

9:00 am – 10:00 am – Sports Medicine
Concussion in Sports: Recognition, Office Evaluation and Management for Primary Care
Those 18 years of age and younger are particularly vulnerable to concussion, its severity and consequences. This topic will cover the current definition, signs and symptoms, their significance and an office-based approach to mild traumatic brain injury that can accompany participation in youth sports. The presentation will include up-to-date return to sport guidelines and decision making and provide concussion management tools for the primary care physician.

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Psychiatry
Suicide and Violence
Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient

11:10 am – 12:10 pm – Psychiatry
The Complexity of ADHD in Teens and Adolescents
Diagnosis and treatment of ADHD in teens and adolescents with an emphasis on history taking, differential diagnosis, medical and psychiatric co-morbidity, and FDA-approved treatments

12:10 pm
Session Adjourns
Sunday, August 13th:

7:30 am – 8:00 am
Continental Breakfast

8:00 am – 9:00 am – Sports Medicine
Commonly Missed Orthopedic Injuries in Children and Adolescents
The immature skeleton of the pediatric and adolescent athlete make it particularly vulnerable to a variety of acute and chronic injuries not seen in the adult population. Recognition of these injuries is critical in the care of the injured young athlete. Objectives of this session include providing physicians with an enhanced differential diagnosis of common and commonly missed musculoskeletal injuries specific to youth and recognition of which injuries can be treated by the primary care physician vs those requiring orthopedic referral.

9:00 am – 10:00 am – Sports Medicine
Nutritional Considerations for the Young Athlete—The Female Athlete Triad
The growing popularity of organized youth sports is well documented. Young women are now participating in organized sports at historic levels. However, many active young women are often either misinformed on the proper dietary habits necessary for optimal health or willingly undermine their performance in the short term and adversely impact their health in the long term through destructive eating and exercise behaviors. The Female Athlete Triad is an increasingly recognized disorder in which aberrant eating behaviors coupled with excessive exercise leads to early bone demineralization at a crucial developmental period. The basis of this disorder will be discussed, its pathophysiology, early recognition and approaches to management will be presented from a primary care perspective.

10:00 am
Conference Adjourns
Target Audience
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine.

Learning Objectives
Upon completion of this program, participants should be better able to:

- Discuss symptoms and treatment of chronic abdominal pain and gastroesophageal reflux in children
- List the current treatment options for constipation in children
- Accurately diagnose and treat (pharmacologic and nonpharmacologic) depression, ADHD and substance abuse in teens and adolescents
- Understand risk factors and assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness
- Discuss signs, symptoms, significance and approach to mild traumatic brain injury as a consequence of athletic endeavors
- List the current recommendations, controversies and medicolegal considerations surrounding treating the adolescent athlete
- Recognize and diagnose delayed and precocious puberty in girls
- Evaluate gynecologic emergencies as well as reproductive anomalies in the adolescent patient

Learning Outcome
To provide updates in primary care medicine to office based providers.
Disclosure of Conflicts of Interest
Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

Disclaimer
The content, views and opinions presented in this educational activity are those of the authors and do not necessarily reflect those of Medical Education Resources. The authors have disclosed if there is any discussion of published and/or investigational uses of agents that are not indicated by the FDA in their presentations. Before prescribing any medicine, primary references and full prescribing information should be consulted. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient’s conditions and possible contraindications on dangers in use, review of any applicable manufacturer’s product information, and comparison with recommendations of other authorities. The information presented in this activity is not meant to serve as a guideline for patient management.

All lectures incorporate time for questions and answers.
Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 14 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Pediatrics/Adolescent Medicine for Primary Care, with a beginning date of August 10, 2017 has been reviewed and is acceptable for up to 14 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 14 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 14 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 14 hours of Category I credit for completing this program.

Nursing Accreditation
Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This CE activity provides 14 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 14 contact hours.
Pharmacy Accreditation

Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 14 contact hours (1.4 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-17-054-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.