PEDiATRIc & ADOLESCENT MEDiCINE FOR PRIMARY CARE:
DERMATOLOGY/ENDOCRINOLOGY/NEUROLOGY/RHEUMATOLOGY

Disneyland Resort, California – Disney’s Grand Californian Hotel & Spa
November 16 - 19, 2017
Thursday, November 16th:

7:30 am – 8:00 am
Registration and Hot Breakfast

8:00 am – 9:00 am – Rheumatology
Juvenile Idiopathic Arthritis (JIA)
Risk factors for developing JIA; Diagnostic principles, Clinical presentation and diagnosis including inflammatory markers, liver function tests, ANA testing; Radiographic changes and other imaging modalities; Treatment approaches based on severity of the disease

9:00 am – 10:00 am – Rheumatology
Juvenile Lupus and Other Connective Tissue Diseases
Systemic Lupus Erythematosus (SLE) causes, symptoms, diagnosis and treatment as well as principles of self care; Pediatric mixed connective tissue disease (MCTD) as a separate autoimmune disorder

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Endocrinology
Metabolic Syndrome
With the increased incidence of obesity in the US, children and adolescents are now at increased risk for the development of metabolic syndrome and frank type 2 diabetes. What used to be considered an adult condition is now unfortunately becoming more prevalent in younger age categories. The purpose of this talk is to define metabolic syndrome, identify screening methodology, and discuss potential treatment strategies.

11:10 am – 12:10 am – Endocrinology
Type 1 Diabetes
T1DM has an overall incidence of 1:300 in the US. While it primarily affects young children, it is an autoimmune disease that can affect young adults as well. The purpose of this talk is to define type 1 diabetes, describe the pathophysiology of diabetic ketoacidosis, and discuss the various insulin regimens available.

12:10 pm
Session Adjourns
Friday, November 17th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 8:45 am – Dermatology
Acne and Acneiform Eruptions
Topical and systemic therapy

8:45 am – 10:00 am – Dermatology
Viral Diseases
Herpes simplex, varicella-zoster, viral exanthems, molluscum and warts

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Endocrinology
Short Stature and Poor Growth: A Primary Care Perspective
Growth in pediatrics is a key indicator of general health, and early identification of abnormal growth patterns is critical. Growth disorders can have both non-endocrine and endocrine etiologies. The purpose of this talk is to define abnormal growth patterns, discuss the differential diagnosis and initial evaluation from the PCP perspective, and then focus on the common endocrine disorders leading to poor growth.

11:10 am – 12:10 am – Rheumatology
A Primary Care Approach to Fibromyalgia in Children and Adolescents
Differential diagnosis and treatment of this difficult-to-manage pain syndrome

12:10 pm
Session Adjourns
Saturday, November 18th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Dermatology
Dermatitis
Contact, atopic, irritant, nummular, seborrheic and exfoliative; diagnosis and management

9:00 am – 10:00 am – Dermatology
Papulosquamous Diseases
Psoriasis, lichen planus, pityriasis rosea, connective tissue diseases; how to tell one scaly rash from another

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Neurology
Diagnosis of Pediatric Seizures and Epilepsy
Identification and recognition of common seizure types; Differentiation between seizures and pseudoseizures; Diagnostic approaches to seizures and epilepsy

11:10 am – 12:10 pm – Neurology
A Primary Care Approach to Treatment of Pediatric Epilepsy
First line seizure medications; The role of diet; Surgical alternatives; Medical marijuana in the pediatric patient

12:10 pm
Session Adjourns
Sunday, November 19th:

7:30 am – 8:00 am  
Continental Breakfast

8:00 am – 9:00 am  – Neurology  
The Treatment of Headaches in Children and Adolescents  
Diagnosis of migraines; Tumors; Treatment of increased intracranial pressure

9:00 am – 10:00 am  – Neurology  
Movement Disorders in Children  
Cerebral palsy (CP); Tics, tremors, chorea/ballismus, dystonia; Sydenham chorea

10:00 am  
Conference Adjourns

Target Audience  
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives  
Upon completion of this program, participants should be better able to:

- Discriminate the diagnostic principles and treatment options for dermatitis and papulosquamous diseases in children and adolescents
- Describe the step-wise approach for the diagnosis and treatment of acne and acneiform eruptions
- Identify cutaneous findings that serve as surrogates of internal diseases
- Describe diagnostic principles and treatment options of juvenile arthritic and connective tissue disorders
- Discuss cutaneous signs of rheumatic diseases as well as regional pain syndromes
- Discuss symptoms and treatment options for metabolic syndrome and type 1 diabetes in adolescents
- Describe a comprehensive approach to managing short stature
- List treatment strategies for pediatric epilepsy, headaches and movement disorders

Learning Outcome  
To provide updates in primary care medicine to office based providers
Disclosure of Conflicts of Interest
Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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All lectures incorporate time for questions and answers.
Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation
Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 14 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Pediatric & Adolescent Medicine for Primary Care, with a beginning date of November 16, 2017 has been reviewed and is acceptable for up to 14 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 14 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 14 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 14 hours of Category I credit for completing this program.

Nursing Accreditation
Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

This CE activity provides 14 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 14 contact hours.
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Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 14 contact hours (1.4 CEUs) of the Accreditation Council for Pharmacy Education.
Universal Program Number: 0816-0000-17-071-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.