OFFICE ORTHOPEDICS FOR PRIMARY CARE

Seattle, Washington – Grand Hyatt Seattle
August 22 – 24, 2014

Participating Faculty

Robert L. Kalb, MD
Clinical Assistant Professor of Surgery
The Medical College of Ohio;
Clinical Instructor, Residency Teaching Program
Mercy Hospital;
Clinical Instructor and Adjunct Professor,
University of Toledo;
Clinical Affiliate, The Cleveland Clinic;
Private Practice of Orthopedic Surgery
Bone Joint and Spine Surgeons
Toledo, Ohio
Robert L. Kalb, MD
Clinical Assistant Professor of Surgery
The Medical College of Ohio;
Clinical Instructor, Residency Teaching Program
Mercy Hospital;
Clinical Instructor and Adjunct Professor,
University of Toledo;
Clinical Affiliate, The Cleveland Clinic;
Private Practice of Orthopedic Surgery
Bone Joint and Spine Surgeons
Toledo, Ohio

Dr. Kalb received his undergraduate degree from Capital University in Columbus, Ohio and his medical degree from Ohio State University. He completed a residency in family practice at The Toledo Hospital and a residency in orthopaedic surgery at Medical College of Ohio. Dr. Kalb is board certified in family practice and orthopaedic surgery and has served as an instructor at the Certificate for Added Qualification in Sports Medicine Preparation Course.

His special interest is teaching office orthopaedics for primary care physicians. He has developed a lecture workshop program on evaluation and treatment of musculoskeletal problems including joint injection and aspiration. Dr. Kalb is widely published and has given numerous presentations to professional and civic groups, as well as serving as an editorial board reviewer for the *American Family Physician Journal*. He has lectured nationally and internationally and served as an orthopedic surgeon on service missions to Pakistan, Africa and South America.
Friday, August 22nd:

7:30 am – 8:00 am
Registration and Hot Breakfast

8:00 am – 10:00 am – Robert L. Kalb, MD
Shoulder
Rotator cuff syndrome; impingement, frozen shoulder; subacromial bursitis; bicipital
tendonitis; A-C joint disease

10:00 am – 10:10 am
Coffee Break

10:10 am – 12:00 pm – Robert L. Kalb, MD
Elbow
Tennis and golfer’s elbow, nursemaid’s elbow, olecranon bursitis,
supracondylar fractures, joint injection/ x-ray interpretation

12:00 pm – 12:40 pm – Robert L. Kalb, MD
Wrist, Hand and Fingers
Carpal tunnel, CMC arthritis thumb, ganglion cyst, trigger finger, de Quervains disease.

12:40 pm – Session Adjourns
Saturday, August 23rd:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 10:00 am – Robert L. Kalb, MD
Knee
ACL, meniscus, MRI; common sports injuries; osteoarthritis and hyaluronan; bursitis: prepatellar, pesanserine; baker’s cyst; joint injection/X-ray interpretation; pediatrics

10:00 am – 10:10 am
Coffee Break

10:10 am – 12:40 pm – Robert L. Kalb, M.D.
Lower Extremities
Hip, Ankle and Foot

12:40 pm
Session Adjourns
Sunday, August 24th:

7:30 am – 8:00 am
Continental Breakfast

8:00 am – 9:00 am – Robert L. Kalb, MD
Shoulder Examination and Injection Workshop
Small-group workshops. Please wear tank tops so shoulders are exposed

9:00 am – 10:00 am - Robert L. Kalb, MD
Knee Examination, Injection and Aspiration Workshop
Small-group workshops. Please wear loose gym shorts.

10:00 am
Conference Adjourns

Target Audience
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives
Upon completion of this program, participants should be better able to:

- Discuss common office orthopedic problems
- Describe the anatomy and function of the shoulder and knee joints
- Determine the basics and common pitfalls of orthopedic x-ray interpretation for shoulder and knee imaging
- Describe how and when to utilize joint aspiration and injection for the shoulder and knee joints
- Diagnose and treat common joint problems

Nursing Purpose Statement
To provide updates in primary care medicine to office based providers
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<th>Name of Faculty</th>
<th>Reported Financial Relationship</th>
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<tr>
<td>Robert L. Kalb, MD</td>
<td>Speakers Bureau: Pfizer</td>
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<tr>
<td>MER content managers</td>
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<td>MER nurse planner</td>
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All lectures incorporate time for questions and answers.  
Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 11 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Office Orthopedics for Primary Care, with a beginning date of August 22, 2014 has been reviewed and is acceptable for up to 11 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 11 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 11 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
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Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 11 contact hours.
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Universal Program Number: 0816-0000-14-061-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.