INTERNAL MEDICINE FOR PRIMARY CARE:
DERMATOLOGY/EAR, NOSE, THROAT/NEUROLOGY/ PULMONARY

Waikiki, Hawaii – Moana Surfrider, A Westin Resort & Spa, Waikiki Beach
June 19 – 23, 2016
Sunday, June 19th:

3:30 pm – 4:00 pm
Registration

4:00 pm – 5:00 pm – Dermatology
Skin Manifestations of Systemic Disease
Diagnosis of internal disease based on cutaneous findings

5:00 pm – 6:00 pm – Dermatology
Bacterial Infections
Impetigo, ecthyma, folliculitis, furunculosis, necrotizing fasciitis, Lyme disease, syphilis; diagnosis and management

6:00 pm
Session Adjourns
Monday, June 20th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Neurology
The Neurological Exam
Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predications; examination of infants; demonstration on conducting an exam

9:00 am – 10:00 am – Neurology
Epilepsy and Paroxysmal Disorders
Types of paroxysmal disorders; diagnosis of seizures; seizures vs. epilepsy; classification of seizures and epileptic syndrome

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:15 am – Dermatology
Benign Skin Tumors.
Nevi, seborrheic keratosis keloids, hemangiomas and miscellaneous tumors

11:15 am – 12:30 pm – Dermatology
Premalignant and Malignant Skin Tumors
Actinic keratosis, Bowen’s disease, squamous cell carcinoma, basal cell carcinoma, melanoma and other selected tumors

12:30 pm
Session Adjourns
Tuesday, June 21st:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Ear Nose Throat
Evaluation of the Neck Mass
In today’s medical climate, it is difficult to find a delicate balance between completeness in radiographic evaluation weighed against efficient use of health care dollars. There is a straightforward primary care approach for evaluating the neck mass so that no patient goes undiagnosed while remaining efficient in ordering ancillary tests.

9:00 am – 10:00 am – Ear Nose Throat
The Use of Antimicrobial Therapy in Treating Sinusitis
Lecture will focus on the use of antimicrobial agents in treating acute and chronic sinusitis, with regards to common pathogens, emerging resistance and oral vs. topical regimens. Additionally, discussion will focus on the appropriate time to order a sinus CT scan and refer to a specialist.

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:15 am – Neurology
Evaluating Weakness
Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

11:15 am – 12:30 pm – Neurology
Parkinson’s Disease & Other Movement Disorders
Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic-induced movement disorders; chorea

12:30 pm
Session Adjourns
Wednesday, June 22nd:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:15 am – Pulmonary
Asthma
The medical impact of asthma; fundamental role of inflammation, with possible scarring and irreversible loss of lung function; practical points of diagnosis; goal setting management based on levels of severity; risk factors for mortality and treatment in the acute setting; management options for the difficult to control asthmatic patient

9:15 am – 10:00 am – Pulmonary
Controversies in the Treatment of Common Respiratory Infections
Acute and chronic bronchitis; pneumonia (community versus hospital-acquired); role of the Pneumonia Severity Index score in determining indication for hospitalization; cost-effective use of antibiotics; clinical significance of drug resistance; guidelines for management

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:15 am – Ear Nose Throat
Understanding the Inflammation Tripod: Environment, Lifestyle and Biologic Triggers
Many, if not all disease processes in the head and neck region (and the whole body) result from inflammation. Session will include discussion of a simple approach for evaluating and treating the inflammatory mechanism, based on elimination of the inciting triggers and strengthening the body’s immune system

11:15 am – 12:30 pm – Ear Nose Throat
A Primary Care Update on the Treatment of Allergic Rhinitis
The lecture will focus on a review of the basic allergic pathways that affect the body. Special emphasis will be given to the nasal and sinus regions, with discussion to include diagnostic testing and modes of treatment, including avoidance, pharmacotherapy and immunotherapy

12:30 pm
Session Adjourns
Thursday, June 23rd:

7:30 am – 8:00 am  
Continental Breakfast

8:00 am – 9:00 am – Pulmonary
Sleep Apnea
Systemic consequences of untreated disease; polysomnography: what patient should expect and how to read the report; treatment options.

9:00 am – 10:00 am – Pulmonary
A Primary Care Approach to Lung Cancer Screening and Pulmonary Nodules
Appropriate use of the new lung cancer screening recommendations; Fleischner Society guidelines and American College of Chest Physician Lung Cancer guidelines; approach to definitive evaluation and management strategies

10:00 am
Conference Adjourns

Target Audience
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives
Upon completion of this program, participants should be better able to:

• Identify cutaneous findings that serve as surrogates of internal diseases
• Differentiate benign and malignant skin tumors and employ appropriate treatment strategies
• Perform a neurological exam as well as distinguish signs of weakness and other neurological disorders
• Delineate the differential diagnosis and treat movement disorders
• List evaluation and treatment options for the neck mass, sinusitis and tonsillitis
• Identify the inflammation tripod of disease processes in the head and neck region
• Identify the pathophysiology and diagnostic approach of asthma, COPD, sleep apnea and lung cancer
• Design treatment strategies reflective of current evidence based medicine for asthma, COPD, sleep apnea and lung cancer

Nursing Purpose Statement
To provide updates in primary care medicine to office based providers
Disclosure of Conflicts of Interest

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All lectures incorporate time for questions and answers.
Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 17 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Internal Medicine for Primary Care, with a beginning date of June 19, 2016 has been reviewed and is acceptable for up to 17 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 17 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 17 hours of ACEP Category I credit.

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AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 17 hours of Category I credit for completing this program.

Nursing Accreditation
Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This CE activity provides 17 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 17 contact hours.
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Universal Program Number: 0816-0000-16-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.