INTERNAL MEDICINE FOR PRIMARY CARE:
ALLERGY & IMMUNOLOGY/ENDOCRINOLOGY/NEUROLOGY/
TOXICOLOGY

Walt Disney World Resort, Florida – Disney’s BoardWalk Inn Resort
March 11 – 15, 2018
Sunday, March 11th:

3:30 pm – 4:00 pm
Registration

4:00 pm – 5:00 pm – Toxicology
An Office-Based Toxicology Overview
Introduction to the workup of the toxic patient; Obtaining an adequate history and physical exam prior to calling poison control; Review of the classic five toxidromes including: cholinergic, anticholinergic, opiate, hypnosedative, and sympathomimetic; The more common toxic ingestions seen in the ED

5:00 pm – 6:00 pm – Toxicology
Cocaine and Heroin Abuse From an ER Provider’s Perspective
The basics of cocaine and heroin intoxication in the acute care setting; The mechanisms of action and signs and symptoms of acute intoxication; The acute phenomena of cocaine induced chest pain, hypertensive emergency, aortic dissection, pneumonitis and placental abruption; Review of the history of heroin abuse in the US, the cutting agents and adulterants being added to heroin and some of the more esoteric sequelae of chronic opiate abuse

6:00 pm
Session Adjourns
Monday, March 12th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Neurology
The Neurological Exam
Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predications; examination of infants; demonstration on conducting an exam

9:00 am – 10:00 am – Neurology
Epilepsy and Paroxysmal Disorders
Types of paroxysmal disorders; diagnosis of seizures; seizures vs. epilepsy; classification of seizures and epileptic syndrome

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:15 am – Toxicology
The Danger of “Legal Highs” in Both Adolescents and Adults
Inhalant abuse and legal highs and drugs of abuse not yet scheduled by the DEA; Intoxicating inhalants that are ubiquitous in many households and easily accessed by adolescents; Dextromethorphan abuse and the unique psychoactive plants salvia divinorum, kratom, morning glory (LSA) and Jimsonweed; Mechanisms of action, signs and symptoms of intoxication and treatment

11:15 am – 12:30 pm – Toxicology
Primary Care Update on Synthetic Drugs
History of synthetic drugs of abuse in the US and EU; Synthetic drugs that mimic the effects of marijuana, stimulants, opiates, and hallucinogens; Synthetic cannabinoids (K2-Spice), novel stimulants (Bath Salts, Flakka), and novel hallucinogens (Molly, Benzofury)

12:30 pm
Session Adjourns
Tuesday, March 13th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Endocrinology
Type 2 Diabetes Mellitus
Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

9:00 am – 10:00 am – Endocrinology
Insulin Therapy for Diabetes
Treating T2DM with insulin; T1DM

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:15 am – Neurology
Evaluating Weakness
Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

11:15 am – 12:30 pm – Neurology
Parkinson's Disease & Other Movement Disorders
Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic-induced movement disorders; chorea

12:30 pm
Session Adjourns
Wednesday, March 14th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:15 am – Allergy & Immunology
Food and Drug Allergies: The Myths, The Facts, and Everything in Between
Primary Care focused discussion of food and drug allergies including gaining a working knowledge of how to efficiently and cost effectively manage patients with hymenoptera hypersensitivity

9:15 am – 10:00 am – Allergy & Immunology
Asthma, Allergic Rhinitis and Sinusitis for Primary Care
Lecture focused on gaining a working knowledge of how to efficiently and cost effectively manage patients with asthma, rhinitis and sinusitis

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:15 am – Endocrinology
Management of Dyslipidemia
Cholesterol disorders; triglyceride disorders; AHA/ACCF guidelines; new tests and current therapies

11:15 am – 12:30 pm – Endocrinology
Obesity Management Update
Diagnosis; etiology; complications; use of appetite suppressant medications; lifestyle modifications; when surgery should be performed

12:30 pm
Session Adjourns
Thursday, March 15th:

7:30 am – 8:00 am
Continental Breakfast

8:00 am – 9:00 am – Allergy & Immunology
Urticaria, Angioedema, Eczema and Contact Dermatitis
Lecture focused on gaining a working knowledge of how to efficiently and cost effectively manage patients with various atopic skin conditions

9:00 am – 10:00 am – Allergy & Immunology
Case Presentations
A challenging array of allergy & immunology cases

10:00 am
Conference Adjourns

Target Audience
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives
Upon completion of this program, participants should be better able to:
• Describe the approach to the poisoned patient as seen in primary care
• Discuss strategies to treat individuals abusing both legal and illegal substances
• Perform a neurological exam as well as distinguish signs of weakness and other neurological disorders
• Delineate the differential diagnosis and treat movement disorders
• Diagnose and tailor treatment strategies for Type 1 and Type 2 diabetes
• Describe the pathophysiology surrounding obesity and counsel patients on the various weight management strategies including patient selection criteria for surgery
• Describe how to efficiently and cost effectively manage patients with food, drug, hymenoptera hypersensitivities, asthma, rhinitis, sinusitis and various atopic skin conditions

Learning Outcome
To provide updates in primary care medicine to office based providers
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All lectures incorporate time for questions and answers.
Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 17 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Internal Medicine for Primary Care, with a beginning date of March 11, 2018 has been reviewed and is acceptable for up to 17 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 17 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 17 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 17 hours of Category I credit for completing this program.

Nursing Accreditation
Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This CE activity provides 17 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 17 contact hours.
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Universal Program Number: 0816-0000-18-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.