INTERNAL MEDICINE FOR PRIMARY CARE:  
DERMATOLOGY/ENDOCRINOLOGY/GASTROENTEROLOGY/ 
OPHTHALMOLOGY 

Nassau, Bahamas – Atlantis Paradise Island Resort 
February 22 – 25, 2018
Thursday, February 22nd:

7:30 am – 8:00 am
Registration and Hot Breakfast

8:00 am – 9:00 am – Endocrinology
Type 1 Diabetes Mellitus
Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies

9:00 am – 10:00 am – Endocrinology
Type 2 Diabetes Mellitus
Prevalence, diagnosis, complications, new therapies

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Gastroenterology
Management of Lower GI Bleeding-From Occult to Massive
The correct use and interpretation of tests for occult blood in the stool will be discussed in relation to lower GI bleeding; focus on the utility of different diagnostic and management approached to the spectrum of patients presenting with hematochezia.

11:10 am – 12:10 pm – Gastroenterology
Cost-Effective, Appropriate Management of Irritable Bowel Disease
Importance of early and positive diagnosis based upon a careful history and the exclusion of other health problems; treatment focused on presenting symptoms recognizing that symptoms and functionality can be improved with a consistent approach.

12:10 pm
Session Adjourns
Friday, February 23rd:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Ophthalmology
Approach to the Patient with the Red Eye
A comprehensive review of the most common causes of red eye with diagnostic pearls and recommended treatments presented in a case series format

9:00 am – 10:00 am – Gastroenterology
Medications and the Liver
The use of exemplary cases will be used to discuss the differential diagnosis and management of mild hepatotoxic drug reactions (e.g. statins), and more serious drug reactions that present as cholestasis (mimic biliary obstruction) or serious hepatitis (mimic viral hepatitis).

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Endocrinology
Management of Dyslipidemia
Cholesterol disorders; triglyceride disorders; NCEPIII guidelines; new tests and current therapies

11:10 am – 12:10 pm – Endocrinology
Obesity Management Update
Diagnosis; etiology; complications; use of appetite suppressant medications; lifestyle modifications; when surgery should be performed

12:10 pm
Session Adjourns
Saturday, February 24th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Dermatology
Dermatitis
Contact, atopic, irritant, nummular, seborrheic and exfoliative; diagnosis and management

9:00 am – 10:00 am – Dermatology
Papulosquamous Diseases
Psoriasis, lichen planus, pityriasis rosea, lupus erythematosus; how to tell one scaly rash from another

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Ophthalmology
Macular Degeneration and Glaucoma Management for Primary Care
A significant number of treatment options are now available, an overview of your patient’s options

11:10 am – 12:10 pm – Ophthalmology
Overview of Cosmetic Treatments for the Primary Care Office
Introduction to lasers, fillers and minor procedures with latest techniques and pitfalls

12:10 pm
Session Adjourns
Sunday, February 25th:

7:30 am – 8:00 am
Continental Breakfast

8:00 am – 9:00 am – Dermatology
Viral Infections
Herpes simplex, varicella-zoster, viral exanthems, molluscum and warts

9:00 am – 10:00 am – Dermatology
Fungal Infections
Dermatophytes, tinea versicolor, candidiasis, selected deep fungal infections; diagnosis and management

10:00 am
Conference Adjourns

Target Audience
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives
Upon completion of this program, participants should be better able to:

• Discriminate the diagnostic principles and treatment options for dermatitis, papulosquamous diseases, as well as viral and fungal infections
• Diagnose and tailor treatment strategies for Type 1 and Type 2 diabetes
• Interpret the diagnostic criteria for dislipidemia and design individualized treatment
• Describe the pathophysiology surrounding obesity and counsel patients on the various weight management strategies including patient selection criteria for surgery
• Identify at risk patients, institute diagnostic criteria, and manage lower GI bleeding and IBD
• Determine crucial facts from liver tests and what steps should then be taken
• Discuss a comprehensive approach to the patient with a red eye
• List treatment options for patients with macular degeneration and glaucoma
• Identify common cosmetic treatments available to the primary care clinician

Learning Outcome
To provide updates in primary care medicine to office based providers
Disclosure of Conflicts of Interest
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All lectures incorporate time for questions and answers. Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 14 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Internal Medicine for Primary Care, with a beginning date of February 22, 2018 has been reviewed and is acceptable for up to 14 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 14 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 14 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 14 hours of Category I credit for completing this program.

Nursing Accreditation
Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

This CE activity provides 14 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 14 contact hours.
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Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 14 contact hours (1.4 CEUs) of the Accreditation Council for Pharmacy Education.
Universal Program Number: 0816-0000-18-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.