INTERNAL MEDICINE FOR PRIMARY CARE:
CARDIOLOGY/ENDOCRINOLOGY/MEN’S HEALTH/WOMEN’S
HEALTH

Wailea, Maui, Hawaii – Grand Wailea, A Waldorf Astoria Resort
April 23 – 27, 2017
Sunday, April 23rd:

3:30 pm – 4:00 pm  
Registration

4:00 pm – 5:00 pm – Gynecology  
Abnormal Uterine Bleeding  
Overview of normal/abnormal menstrual physiology/profile; menstrual disturbances; ovulatory and anovulatory uterine bleeding; other menstrual abnormalities; diagnosis and appropriate treatment options

5:00 pm – 6:00 pm – Gynecology  
Menopausal Transition and Hormone Replacement Therapy  
Estrogen analogs; options in estrogen therapy; designer estrogens; SERMs; HRTs; risks/benefits, especially in breast cancer and CHD

6:00 pm  
Session Adjourns
Monday, April 24th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Endocrinology
Disorders of Thyroid Function
Prevalence, diagnosis and treatment

9:00 am – 10:00 am – Endocrinology
Case Presentations – Thyroid Function

10:00 am – 10:10 am
Coffee Break

10:10 am – 10:45 am – Gynecology
Breast Cancer Screening
Comparison of recent breast cancer screening recommendations from USPSTF, ACOG/ACS/NCI/NCCN; Discussion of risks and benefits of screening at various ages; Review of the scientific basis for screening

10:45 am – 11:40 pm – Gynecology
Management of Abnormal Pap Smears
Current recommendations for cervical cancer screening; incorporating the ASCCP consensus guidelines for management of cytologic cervical abnormalities (including ASCUS, LGSIL, HGSIL and atypical glandular cells) into your practice; algorithm for the appropriate use of HPV testing

11:40 am – 12:30 pm – Gynecology
Management of High-Risk HPV
The natural history of HPV infection in women and effectiveness of the HPV vaccine; determining appropriate candidates for the use of the HPV vaccine; management of women with prior history and recommendations for missed doses; storage and administration of vaccine; contraindications to use; CPT codes for billing

12:30 pm
Session Adjourns
Tuesday, April 25th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am - Endocrinology
Thyroid Nodules
Diagnosis and treatment

9:00 am – 10:00 am – Endocrinology
Case Presentations – Thyroid Nodules

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:20 am – Cardiology
Work-up of Patients with Suspected CAD: Which Tests for Which Patients
Risk factor evaluation; symptom evaluation; test selection including stress ECG, echo, nuclear and newer imaging modalities; role of CRP and EBCT; evaluating women – who needs coronary angiography?

11:20 am – 12:30 pm – Cardiology
Primary and Secondary Prevention of CAD
AHA/ACC Updated Lipid Guidelines update; what about HDL-C?; metabolic syndrome; role of exercise and cardiac rehabilitation

12:30 pm
Session Adjourns
Wednesday, April 26th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Cardiology
Hypertension Update
JNC-8 update; goals of treatment; thiazides for all?; special populations – diabetics, the elderly, renal failure

9:00 am – 10:00 am – Cardiology
Arrhythmia Management for Primary Care
Types and symptoms of arrhythmias; approach to the patient; when to refer, when to admit; atrial fibrillation; ventricular arrhythmias – when are they serious?

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:20 pm – Men’s Urology
Sexually Transmitted Infections
Presenting symptoms, lesions, latencies, diagnostic work-ups and therapies of the common sexually transmitted diseases

11:20 pm – 12:30 pm – Men’s Urology
Androgen Replacement, Sexual Function
Treatment algorithm and safety profiles for the treatment of erectile dysfunction; testosterone supplementation for the treatment of ED or hypogonadism

12:30 pm
Session Adjourns
Thursday, April 27th:

7:30 am – 8:00 am  
Continental Breakfast

8:00 am – 9:00 am – Men’s Urology  
Benign Male Genitourinary Conditions  
Appropriate primary medical management of lower urinary tract symptoms (LUTS) (also known as BPH) as well as identification of patients with complex or refractory cases that warrant referral; diagnosis and treatment of epididymitis, testicular pain, prostatitis and other benign findings

9:00 am – 10:00 am – Men’s Urology  
Male Malignancies (testes, prostate)  
Biology and treatment options using current medical technology of prostate cancer; evaluation and treatment of testicular cancer and long-term ramifications after cure

10:00 am  
Conference Adjourns

Target Audience  
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives  
Upon completion of this program, participants should be better able to:

- Describe current diagnostic approaches and treatment strategies for hypertension, arrhythmias and CAD
- Differentiate between benign prostate conditions and prostate cancers
- Discuss medical management of male sexual health including sexual function and androgen replacement
- Describe the management and treatment of abnormal pap smears, uterine bleeding, and HPV
- Discuss the current evidence and recommendations regarding breast cancer screening
- Explain the process of menopausal transition (climacteric) and describe the potential risks/benefits of HRT option, especially in relation to breast cancer and cardiovascular disease
- Discuss current diagnostic and treatment approaches to thyroid nodules and disorders

Learning Outcome  
To provide updates in primary care medicine to office based providers
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Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 17 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, *Internal Medicine for Primary Care*, with a beginning date of April 23, 2017 has been reviewed and is acceptable for up to 17 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 17 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 17 hours of ACEP Category I credit.

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Nursing Accreditation
Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

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Universal Program Number: 0816-0000-17-027-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.