INTERNAL MEDICINE FOR PRIMARY CARE:
CARDIOVASCULAR/ENDOCRINOLOGY/NEUROLOGY

Las Vegas, Nevada – The Cosmopolitan
December 28 – 30, 2015
Monday, December 28th:

7:30 am – 8:00 am
Registration and Hot Breakfast

8:00 am – 9:00 am – Neurology
Evaluating Weakness
Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

9:00 am – 10:00 am – Neurology
Evaluating the Patient with Lower Back Pain
Magnitude of the problem; anatomy; classification of pain; key elements of history and the clinical exam

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:00 am – Endocrinology
Male Hypogonadism and Impotence
Etiology, evaluation, testosterone therapy, impotence management.

11:00 am – 11:50 am – Endocrinology
Female Hyperandrogenic Disorders
Hirsutism, virilization, polycystic ovary disease.

11:50 am – 12:40 pm – Neurology
Alzheimer’s Disease & Other Dementias
Definition; statistics; neurological changes of normal aging; pathology; etiological theories; vascular dementias; investigations; social issues; symptomatic treatment; research therapies

12:40 pm
Session Adjourns
Tuesday, December 29th:

**7:30 am – 8:00 am**  
Hot Breakfast

**8:00 am – 9:00 am** – Cardiovascular  
**Work-up of Patients with Suspected CAD: Which Tests for Which Patients**  
Risk factor evaluation; symptom evaluation; test selection including stress ECG, echo, nuclear and newer imaging modalities; role of CRP and EBCT; evaluating women – who needs coronary angiography?

**9:00 am – 10:00 am** – Cardiovascular  
**Congestive Heart Failure**  
Etiologies and stages of heart failure; clinical evaluation; LV systolic vs. diastolic dysfunction; treatment including ACE inhibitors, ARBs, beta blockers; ACC/AHA Heart Failure Guideline Update

**10:00 am – 10:10 am**  
Coffee Break

**10:10 am – 10:40 am** – Neurology  
**Interesting Case Studies and Imaging**  
An array of interactive cases

**10:40 am – 11:40 am** – Endocrinology  
**Disorders of Calcium Metabolism**  
Review of calcium homeostasis; causes of hypercalcemia; diagnosis and treatment

**11:40 am – 12:40 pm** – Endocrinology  
**Disorders of Thyroid Function**  
Prevalence, hyperthyroidism, hyperthyroidism, diagnosis, treatment controversies, thyroid disease in pregnancy

**12:40 pm**  
Session Adjourns
Wednesday, December 30th:

7:30 am – 8:00 am
Continental Breakfast

8:00 am – 9:00 am – Cardiovascular
Arrhythmia Management for the Primary Care Physician
Types and symptoms of arrhythmias; approach to the patient; when to refer, when to admit; atrial fibrillation; ventricular arrhythmias – when are they serious?

9:00 am – 10:00 am – Cardiovascular
Hypertension Update
JNC-8 update; goals of treatment; thiazides for all?; special populations – diabetics, the elderly, renal failure

10:00 am
Conference Adjourns

Target Audience
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives
Upon completion of this program, participants should be better able to:
• Distinguish signs of weakness and other neurological disorders
• Evaluate and treat pain
• Distinguish dementia from delirium, as well as describe the neurologic changes of normal aging
• Describe female hyperandrogenic disorders and male hypogonadism
• Describe modern approaches to functional thyroid disorders and thyroid nodules
• Describe current diagnostic approaches to hypertension, congestive heart failure, arrhythmias and CAD
• Implement treatment strategies reflective of current evidence based medicine for hypertension, congestive heart failure, arrhythmias and CAD

Nursing Purpose Statement
To provide updates in primary care medicine to office based providers
Disclosure of Conflicts of Interest
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All lectures incorporate time for questions and answers.
Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 11 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Internal Medicine for Primary Care, with a beginning date of December 28, 2015 has been reviewed and is acceptable for up to 11 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 11 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 11 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 11 hours of Category I credit for completing this program.

Nursing Accreditation
Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

This CE activity provides 11 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 11 contact hours.
Pharmacy Accreditation

Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 11 contact hours (1.1 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-15-032-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.