GERIATRIC MEDICINE FOR PRIMARY CARE

Sea Island, Georgia – The Cloister at Sea Island
September 18 – 20, 2015

Participating Faculty

Speaker 1
Affiliation

Speaker 2
Affiliation

Speaker 3
Affiliation
Friday, September 18th:

7:30 am – 8:00 am
Registration and Hot Breakfast

8:00 am – 9:00 am – Faculty 1
Approach to the Geriatric Patient
Poly-pharmacy and dosing problems; functional assessment; quality-of-life issues; abuse; interacting with the patient and the family

9:00 am – 10:00 am – Faculty 1
Depression in the Older Adult
Geriatric depression, alcoholism, etc.

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Faculty 2
Assessing and Managing Urological Disorders
Incontinence and two of the following: BPH, prostate cancer, prostatitis or sexual dysfunction

11:10 am – 12:10 pm – Faculty 2
Addressing Cardiovascular Problems
Anti-coagulation; atrial fibrillation; congestive heart failure; ischemic disease; risk factors: hyperlipidemia, hypertension, etc.

12:10 pm – 12:40 pm – Faculty 2
Case Presentations

12:40 pm
Session Adjourns
Saturday, September 19th:

7:30 am – 8:00 am
Hot Breakfast

8:00 am – 9:00 am – Faculty 2
Vascular Problems
Peripheral vascular disease; DVT/thromboembolic disease; abdominal aortic aneurysm and related disorders

9:00 am – 10:00 am – Faculty 3
Common Musculoskeletal Problems
Osteoarthritis and spinal stenosis, polymyalgia rheumatica, night-time leg disorders

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Faculty 3
Geriatric Gait Disorders and Falls
Diagnosing problems associated with gait abnormalities; considering causes and prevention of falls; exercise training, aerobics, balance training, resistance

11:10 am – 12:10 pm – Faculty 1
Diagnosis and Management of the Patient with Dementia or Alzheimer’s Disease
Assessing mild cognitive impairment, dementia and Alzheimer’s Disease; therapeutic options

12:10 pm – 12:40 pm – Faculty 1
Case Presentations

12:40 pm
Session Adjourns
Sunday, September 20th:

7:30 am – 8:00 am
Continental Breakfast

8:00 am – 9:00 am – Faculty 3
Pain Management
Assessment and management of pain in the older adult

9:00 am – 10:00 am – Faculty 3
Case Presentations

10:00 am
Conference Adjourns

Target Audience
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives
Upon completion of this program, participants should be better able to:
- Utilize a comprehensive geriatric assessment to identify potential issues
- Discuss the etiologies, differential diagnosis, and treatment approaches to depression in the elderly
- Assess and manage cardiac, vascular, and urologic disorders
- Evaluate gait disorders and design practical approaches for the prevention of falls
- Differentiate between cognitive impairment, dementias, and Alzheimer’s Disease, and formulate appropriate treatment options
- Evaluate and manage pain in the older adult

Nursing Purpose Statement
To provide updates in primary care medicine to office based providers
Disclosure of Conflicts of Interest

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The faculty reported the following financial relationships with commercial interests whose products or services may be mentioned in this CME activity:

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<th>Name of Faculty</th>
<th>Reported Financial Relationship</th>
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The content managers reported the following financial relationships with commercial interests whose products or services may be mentioned in this CME activity:

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<tr>
<td>MER content managers</td>
<td>No financial relationships to disclose</td>
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<tr>
<td>MER nurse planner</td>
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All lectures incorporate time for questions and answers.

Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 11 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Geriatric Medicine for Primary Care, with a beginning date of September 18, 2015 has been reviewed and is acceptable for up to 11 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 11 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 11 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 11 hours of Category I credit for completing this program.

Nursing Accreditation
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This CE activity provides 11 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 11 contact hours.
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Universal Program Number: 0816-0000-15-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.