GERIATRIC MEDICINE FOR PRIMARY CARE

Las Vegas, Nevada – The Mandarin Las Vegas
December 12 – 14, 2014

Participating Faculty

Darryl S. Chutka, MD
Associate Professor of Medicine
Mayo Clinic College of Medicine
Associate Dean, Mayo School of Continuous Professional Development
Mayo Clinic, Rochester, Minnesota

Peter Fischer, MD
Clinical Instructor
Harvard Medical School
Boston, Massachusetts

Larry E. Johnson, MD, PhD
Associate Professor of Geriatrics and Family and Preventive Medicine
University of Arkansas for Medical Science
Medical Director, Community Living Center
Central Arkansas Veterans Health Care System
Dr. Darryl Chutka is an internist and practice chair in the division of Preventive, Occupational and Aerospace Medicine at the Mayo Clinic, Rochester, Minnesota. He is also the Associate Dean for the Mayo School of Continuous Professional Development. After completing his internal medicine residency at the Mayo Graduate School of Medicine, he attended Stanford University as a Mayo Foundation Scholar and completed a fellowship in geriatrics. He subsequently practiced geriatrics for 19 years and was program director of the Geriatrics Fellowship at Mayo before transferring to Preventive Medicine in 2000. He is very active in teaching in the Mayo Medical School, Mayo Graduate School and Continuing Medical Education. He has received several awards from Mayo Medical School including Teacher of the Year (1991, 1994, 2000, 2006, and 2011), the Dean’s Recognition Award and the Department of Medicine Medical School Education Award.
Dr. Fischer received his undergraduate degree, graduating Magna Cum Laude from the University of Vermont in Burlington, Vermont and his medical degree from Tufts University School of Medicine in Boston, Massachusetts. He completed his internship and residency at New England Deaconess Hospital in Boston, followed by a Clinical Fellowship in Rheumatology at New England Medical Center in Boston.

Dr. Fischer is board certified in both Internal Medicine and Rheumatology. He is a member of the Massachusetts Medical Society and the American College of Rheumatology. He has been involved in teaching and lectures, besides various publications. Dr. Fischer currently is an Instructor in Medicine at Harvard Medical School and serves as Consulting Staff at Beth Israel Deaconess Medical Center in Boston, Sturdy Memorial Hospital in Attleboro, and Morton Hospital and Medical Center in Taunton, all in Massachusetts. He is active in clinical research with specific interests in COX-2 inhibitors and tumor necrosis factor antagonists.
Larry E. Johnson, MD, PhD
Associate Professor of Geriatrics and Family and Preventive Medicine
University of Arkansas for Medical Science
Medical Director, Community Living Center
Central Arkansas Veterans Health Care System

Dr. Johnson received his undergraduate degree from the University of Washington, his medical degree from the University of Chicago and his doctorate from the California Institute of Technology in psychobiology. He completed a family medicine residency at Christ Hospital and Rush-Presbyterian-St. Luke’s hospitals in Chicago, and a geriatrics fellowship at UCLA.

He has written many articles and book chapters on geriatric topics. He is a member of the American Geriatrics Society, American Society of Clinical Nutrition, the American Society for Parenteral and Enteral Nutrition, and the Society of Teachers in Family Medicine. His major research interest is in geriatric nutrition and how to identify and treat malnutrition in frail older adults.
Friday, December 12th:

7:30 am – 8:00 am
Registration and Hot Breakfast

8:00 am – 9:00 am – Darryl S. Chutka, MD
Approach to the Geriatric Patient
Poly-pharmacy and dosing problems; functional assessment; quality-of-life issues; abuse; interacting with the patient and the family

9:00 am – 10:00 am – Darryl S. Chutka, MD
Assessing and Managing Urological Disorders
Incontinence and two of the following: BPH, prostate cancer, prostatitis or sexual dysfunction

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Larry E. Johnson, MD, PhD
Depression in the Older Adult
Geriatric depression, alcoholism, etc.

11:10 am – 12:10 pm – Larry E. Johnson, MD, PhD
Addressing Cardiovascular Problems
Anti-coagulation; atrial fibrillation; congestive heart failure; ischemic disease; risk factors: hyperlipidemia, hypertension, etc.

12:10 pm – 12:40 pm – Larry E. Johnson, MD, PhD
Case Presentations

12:40 pm
Session Adjourns
Saturday, December 13th:

7:30 am – 8:00 am  
Hot Breakfast

8:00 am – 9:00 am – Larry E. Johnson, MD, PhD  
Vascular Problems  
Peripheral vascular disease; DVT/thromboembolic disease; abdominal aortic aneurysm and related disorders

9:00 am – 10:00 am – Peter Fischer, MD  
Common Musculoskeletal Problems  
Osteoarthritis and spinal stenosis, polymyalgia rheumatica, night-time leg disorders

10:00 am – 10:10 am  
Coffee Break

10:10 am – 11:10 am – Peter Fischer, MD  
Geriatric Gait Disorders and Falls  
Diagnosing problems associated with gait abnormalities; considering causes and prevention of falls; exercise training, aerobics, balance training, resistance

11:10 am – 12:10 pm – Darryl S. Chutka, MD  
Diagnosis and Management of the Patient with Dementia or Alzheimer’s Disease  
Assessing mild cognitive impairment, dementia and Alzheimer’s disease; therapeutic options

12:10 pm – 12:40 pm – Darryl S. Chutka, MD  
Managing Difficult Behaviors of Patients With Dementia Without the Use of Psychotropic Medications  
Identification and understanding of undesired behavior; strategies for working with dementia patients, including communication approaches, environmental changes, the use of both rewards and redirection

12:40 pm  
Session Adjourns
Sunday, December 14th:

7:30 am – 8:00 am
Continental Breakfast

8:00 am – 9:00 am – Peter Fischer, MD
Pain Management
Assessment and management of pain in the older adult

9:00 am – 10:00 am – Peter Fischer, MD
Case Presentations

10:00 am
Conference Adjourns

Target Audience
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives
Upon completion of this program, participants should be better able to:
  • Perform a functional assessment of the elderly patient
  • Utilize a comprehensive geriatric assessment to identify potential issues
  • Discuss the etiologies, differential diagnosis, and treatment approaches to depression in the elderly
  • Assess and manage cardiac, vascular, and urologic disorders
  • Evaluate gait disorders and design practical approaches for the prevention of falls
  • Differentiate between cognitive impairment, dementias, and Alzheimer’s Disease, and formulate appropriate treatment options
  • Evaluate and manage pain in the older adult

Nursing Purpose Statement
To provide updates in primary care medicine to office based providers
Disclosure of Conflicts of Interest
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<td>Darryl S. Chutka, MD</td>
<td>No financial relationships to disclose</td>
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<tr>
<td>Peter Fischer, MD</td>
<td>Grants/Research Support: Bristol Myers Squibb, UCB Pharma</td>
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<td>Larry E. Johnson, MD, PhD</td>
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All lectures incorporate time for questions and answers.
Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 11 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Geriatric Medicine for Primary Care, with a beginning date of December 12, 2014 has been reviewed and is acceptable for up to 11 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 11 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 11 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 11 hours of Category I credit for completing this program.

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Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 11 contact hours.
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Universal Program Number: 0816-0000-14-051-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.