CARDIO/PULMONARY MEDICINE FOR PRIMARY CARE

Nassau, Bahamas – Atlantis Paradise Island Resort
February 4 – 7, 2016

Participating Faculty
Thursday, February 4th:

7:30 am – 8:00 am
Registration

8:00 am – 9:00 am – Pulmonary 1
Asthma
The medical impact of asthma; fundamental role of inflammation, with possible scarring and irreversible loss of lung function; practical points of diagnosis; goal setting management based on levels of severity; risk factors for mortality and treatment in the acute setting; management options for the difficult to control asthmatic patient

9:00 am – 10:00 am – Pulmonary 1
Controversies in the Treatment of Common Respiratory Infections
Acute and chronic bronchitis; pneumonia (community versus hospital-acquired); role of the Pneumonia Severity Index score in determining indication for hospitalization; cost-effective use of antibiotics; clinical significance of drug resistance; guidelines for management

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Cardiology 1
Work-up of Patients with Suspected CAD: Which Tests for Which Patients
Risk factor evaluation; symptom evaluation; test selection including stress ECG, echo, nuclear and newer imaging modalities; role of CRP and EBCT; evaluating women – who needs coronary angiography?

11:10 am – 12:10 pm – Cardiology 1
Congestive Heart Failure
Etiologies and stages of heart failure; clinical evaluation; LV systolic vs. diastolic dysfunction; treatment including ACE inhibitors, ARBs, beta blockers; ACC/AHA Heart Failure Guideline Update

12:10 pm
Session Adjourns
Friday, February 5th:

8:00 am – 9:00 am – Pulmonary 1
Everything You Need to Know About COPD
Definition; pathophysiology; early detection and intervention; risk reduction;
management update including new modalities (including lung volume reduction surgery)
and the role of inhaled corticosteroids and domiciliary oxygen

9:00 am – 10:00 am – Pulmonary 1
Case Presentations

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Cardiology 1
Arrhythmia Management for the Primary Care Physician
Types and symptoms of arrhythmias; approach to the patient; when to refer, when to
admit; atrial fibrillation; ventricular arrhythmias – when are they serious?

11:10 am – 12:10 pm – Cardiology 2
Hypertension Update
JNC-8 update; goals of treatment; thiazides for all?; special populations – diabetics, the
elderly, renal failure

12:10 pm
Session Adjourns
Saturday, February 6th:

8:00 am – 9:00 am – Pulmonary 2
Deep Venous Thrombosis and Pulmonary Embolism
Clinical presentation: The great masquerader; diagnostic controversies; acute
treatment; chronic therapy and complications; ACCP Guidelines.

9:00 am – 10:00 am – Cardiology 2
Acute Coronary Syndromes: Initial Work-up and Treatment
Emergency evaluation; diagnosing and treating ST segment elevation and non-ST
segment elevation MIs

10:00 am – 10:10 am
Coffee Break

10:10 am – 11:10 am – Cardiology 2
Primary and Secondary Prevention of CAD
AHA/ACC Updated Lipid Guidelines update; what about HDL-C?; metabolic syndrome;
role of exercise and cardiac rehabilitation

11:10 am – 12:10 pm – Cardiology 2
Case Presentations
An array of challenging cardiology cases

12:10 pm
Session Adjourns
Sunday, February 7th:

8:00 am – 9:00 am – Pulmonary 2
A Primary Care Approach to Lung Cancer Screening and Pulmonary Nodules
Appropriate use of the new lung cancer screening recommendations; Fleischner Society guidelines and American College of Chest Physician Lung Cancer guidelines; approach to definitive evaluation and management strategies

9:00 am – 10:00 am – Pulmonary 2
Sleep Apnea
Systemic consequences of untreated disease; polysomnography: what patient should expect and how to read the report; treatment options.

10:00 am
Conference Adjourns

Target Audience
This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives
Upon completion of this program, participants should be better able to:

- Describe current diagnostic approaches to hypertension, congestive heart failure, arrhythmias, ACS and CAD
- Implement treatment strategies reflective of current evidence based medicine for hypertension, congestive heart failure, arrhythmias, ACS and CAD
- Identify the pathophysiology and diagnostic approach of asthma, COPD and common respiratory infections
- Design treatment strategies reflective of current evidence based medicine for asthma, COPD and common respiratory infections
- Discuss systemic consequences and counseling strategies, as well as available treatment options for sleep apnea, deep vein thrombosis and pulmonary hypertension
- Perform a range of pulmonary diagnostics and be better prepared to handle lung cancer and other challenging pulmonary cases

Nursing Purpose Statement
To provide updates in primary care medicine to office based providers
Disclosure of Conflicts of Interest
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All lectures incorporate time for questions and answers.
Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.
Accreditation

Physician Accreditation
Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
Medical Education Resources designates this live activity for a maximum of 14 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
This Live activity, Cardio/Pulmonary Medicine for Primary Care, with a beginning date of February 4, 2016 has been reviewed and is acceptable for up to 14 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association
These programs are approved for 14 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians
This program is approved by the American College of Emergency Physicians for a maximum of 14 hours of ACEP Category I credit.

Canadian Physicians
The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

American Academy of Physician Assistants
AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 14 hours of Category I credit for completing this program.

Nursing Accreditation
Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

This CE activity provides 14 contact hours of continuing nursing education.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 14 contact hours.
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Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 14 contact hours (1.4 CEUs) of the Accreditation Council for Pharmacy Education.
Universal Program Number: 0816-0000-16-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form. Certificates of credit will be provided at the conclusion of the activity. This activity is certified as Knowledge-based CPE.